**TRACKING YOUR ENERGY USE OVER TIME.**

Record your energy use over a week. In the second week continue to keep a record of the energy you are using while you are also taking actions to save energy.

**Calculating your energy use.**

1. Write down your meter reading at the same time each day using Table 1
2. Use table 2 to calculate how much energy you have used in 24 hours by subtracting the reading for the previous day from that day. E.g. Monday’s energy reading = Monday’s meter reading - Sunday’s meter reading.

**Table 1**

|  | **SUN** | **MON**  | **TUES** | **WED** | **THUR** | **FRI** | **SAT** | **SUN** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **TIME** | 7PM | 7PM | 7PM | 7PM | 7PM | 7PM | 7PM | 7PM |
| **DATE** |  |  |  |  |  |  |  |  |
| **METER READING** |  |  |  |  |  |  |  |  |

**Table 2**

|  | **TODAY MINUS YESTERDAY’S ENERGY READING**  | **ENERGY USED IN 24HOURS** |
| --- | --- | --- |
| **MON** |  |  |
| **TUES** |  |  |
| **WED** |  |  |
| **THURS** |  |  |
| **FRI** |  |  |
| **SAT** |  |  |
| **SUN** |  |  |